



# LLANRWST

## *Sprint Triathlon*

## Sunday, August 20<sup>th</sup> 2017

Take part in a novice-friendly, fun triathlon that offers a stunning scenic course!

- 400m Pool Swim
- 25km Bike
- 5km Run
- Relay option
- Chip-timing
- Finishers Medal
- Age-group Awards
- First wave at 8am



Enter online at: [www.gogtriathlon.com](http://www.gogtriathlon.com)

